



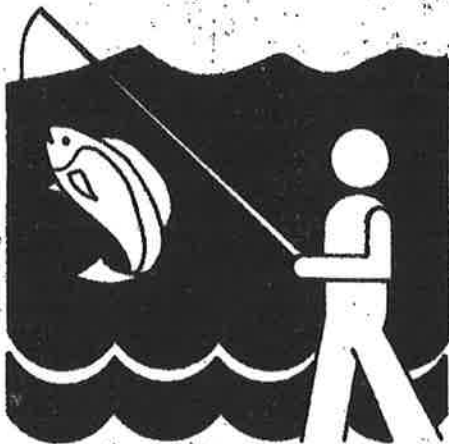
# Methods of Assessing Instream Flows for Recreation



COOPERATIVE  
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INSTREAM  
FLOW  
INFORMATION  
PAPER: NO. 6

FWS/OBS-78/34  
JUNE 1978



## Cooperating Agencies:

Fish and Wildlife Service  
Environmental Protection Agency  
Heritage Conservation and Recreation Service  
Bureau of Reclamation

FWS/OBS-78/34  
June 1978

METHODS OF ASSESSING INSTREAM  
FLOWS FOR RECREATION

Instream Flow Information Paper No. 6

by

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This study was financed in  
part through the Water  
Resources Council under  
provisions of the Federal Non-Nuclear  
Energy Research and Development Act of 1974

Cooperative Instream Flow Service Group  
Western Energy and Land Use Team  
Office of Biological Services  
Fish and Wildlife Service  
U.S. Department of the Interior

<sup>1</sup>Detailed to the Cooperative Instream Flow Service Group from the Heritage Conservation and Recreation Service.

quality of a particular recreation activity which takes place in the stream.

### SINGLE CROSS SECTION METHOD

This method requires that only a single cross sectional measurement be taken across a stream. The product of such an approach is a determination of the lowest flow acceptable for recreation. The approach is based on the assumption that a single cross section, properly located, can define a minimum flow requirement. Such a cross section is located at an area displaying the least depth across the entire stream. When this area provides minimum depths for boat passage, the flow at this level may be defined as a minimum acceptable flow. It is assumed that when sufficient water to support boating is available in these critical areas, other areas will have sufficient water to support most of the other instream recreation activities. This approach is best applied to those streams in which flows are expected to be higher than the minimum most of the time.

Criteria for this approach are set forth in Table 1. Criteria have been developed for boating activities only, but for various types of boating craft. Only minimum criteria are presented because this approach provides information on "minimum flows." Criteria are measured in terms of stream depth and width. Velocity is not considered because a minimum velocity is not considered necessary for this approach.

Table 1. Required stream width and depth for various recreation craft as determined by single cross section method.

Recreation Craft	Required depth (ft)	Required width (ft)
Canoe-kayak	0.5	4
Drift boat, row boat-raft	1.0	6
Tube	1.0	4
Power boat	3.0	6
Sail boat	3.0	25

The criteria of Table 1 are minimal and would not provide a satisfactory experience if the entire river was at this level. However, the cross section measured for this method is the shallowest in the stream reach. Therefore, these minimum conditions will only be encountered for

a short time during a boating trip, and the remainder of the trip will be over water of greater depths and widths. An important assumption is that all water greater than the minimum is equally useful for the activity (i.e., more is better until bank-full stage).

\* { A computer program (IFG-1) has been developed which predicts width and depth across the transect of any stage (water surface elevation). The output shows discharge and the width with depth equal to or greater than a specific depth. Different water surface elevations may be put into the computer model which are translated into flow in cubic feet per second. When a flow provides the minimum width and depth necessary for an activity, discharge may be considered minimum. Such a minimum indicates that significant losses, if not elimination of this activity, will occur if minimum flow is not equaled or exceeded.

#### THE INCREMENTAL METHOD

This method, more sophisticated than the single cross section method, describes a relationship between the amount of water in a reach of stream and the associated recreation potential. The incremental method can describe the potential for any recreation activity at any streamflow. A major difference between the methods is that the single cross section method can only be used to identify low flow and cannot be used to assess the recreation potential at any other flow; the incremental method can be used to assess the potential at other flows or to calculate the change in recreation potential caused by a change in stream flow.

The incremental method involves a modeling procedure whereby the surface area of a stretch of stream is calculated. In addition to the total surface area of the reach of stream, the area which has certain depths and velocities is calculated. The usable surface area for each activity is then calculated by use of depth and velocity requirements.

It is necessary to make three assumptions regarding the relationship between the quantity of water and the recreation uses of the water: (1) water depth and water velocity are the two streamflow components which are most important in determining whether or not a certain recreation activity may be safely and pleasurably engaged in<sup>1</sup>; (2) there are

<sup>1</sup>Other parameters such as water quality and temperature are also very important in determining the amount of instream recreation use but in many cases are not significantly influenced by flow. Width is also important but is considered outside of the computer model (i.e., width is not a part of the calculation of usable surface area).